

Nature and the senses.

Are you feeling lucky?

This fun game uses Nature to stimulate each sense.

What you will need:

1. A dice
2. A bag
3. Small containers to add the ingredients
4. Ingredients relating to nature, for example cocoa, coffee beans, tea, cumin powder etc

The object of the game

- Gather some nature inspired ingredients, for example cocoa, curry powder, cumin, coffee beans or garlic powder. Place these in containers into a bag
- Ask residents to get into pairs and number themselves 1 & 2. Then ask number 1 to close their eyes and give number 2 one of the containers from the bag.
- The group leader then rolls the dice to reveal a number, the number will correlate to one of the questions below for example, how does it smell? Number 1, with their eyes closed, will then answer the question with the support of number 2. Keep going until number 1 can guess what the ingredient is.
- Repeat the process with number 1 & 2 swapping roles.

Questions:

If you roll a:

- 1 - how does it feel?
 - 2- how does it look?
 - 3- how does it smell?
 - 4- how might it taste? (but don't eat it!)
 - 5 - how does it sound?
- Roll a 6 and anything goes!** (you can choose 1 or 2 from the list above)