

# THE **Oomph!** DIGEST

## Author's Day



Reading can be one of the most relaxing part of someone's day, as well as a doorway into discovery.

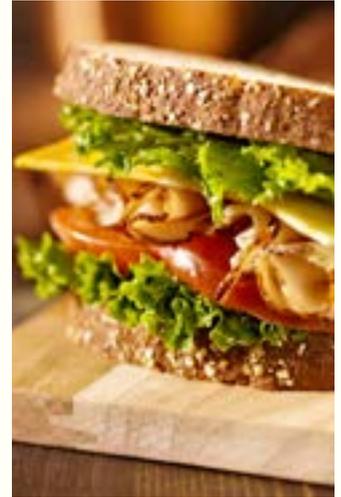
In 1928, the Illinois Women's Club were meeting to enjoy the writings of some of their favourite authors. Nellie Verne Burt McPherson was so touched by the signed copy

of her book from her favourite author, she wanted to dedicate a day for American Authors. Her idea did not go unheard. Twenty years later in 1949, the US Department of commerce made it an official holiday. Why not enjoy a book this week?

## 2nd November – The Archies' 'Sugar Sugar' goes to #1 (1969)

The Archies were an American garage band founded in 1968. They sang some well-known hits throughout the 60s and 70s, including the timeless classic 'Sugar Sugar'. The band also performed on a Saturday morning cartoon show called 'Archie', which told of a group of school friends who performed dance routines and comedy skits.

## Sandwich Day



Since the middle ages we have been enjoying our favourite fillings between or on top of slices of bread. Although it was the 4th Earl of Sandwich whom the lunch feast was named after, the word 'sandwich' actually has a strange meaning. It means "Market Town on Sandy Soil". This sandy market town is actually in Kent, where the word was originally spelt 'sondwic'. Why not enjoy a 'sondwic' this lunchtime!

## 4th November – The First Harry Potter Film Premiered (2001)

The story of Harry Potter is a modern-day phenomenon. Harry and his band of friends have taken young people on a magical journey filled with wizards and witches through a smash hit series of books and films. 'Harry Potter and the Philosopher's Stone' was the first of

the series to be released in 2001. It enchanted cinema goers and made Warner Brothers a whopping £100 million in its first weekend. Why not enjoy a bit of magic this week and watch a 'Harry Potter' film?

## 5th November – Guy Fawkes Night

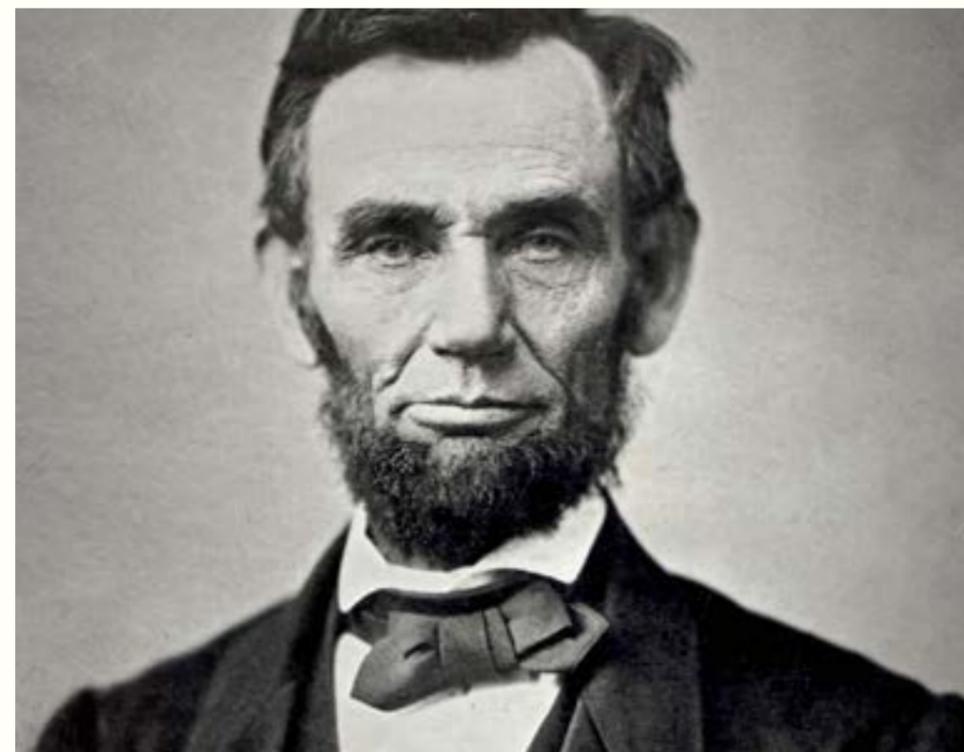


Guy Fawkes night is also known as Bonfire night and Firework night. In 1605, Guy Fawkes was made a legend. Fawkes was a member of the gun powder plotters, who were arrested guarding explosives hidden beneath the House of Lords. To celebrate King James I surviving the attack, people lit bonfires around London. A while later the observance of 5th November was made an annual public holiday.

What will you do to celebrate bonfire night where you live?

TURN THE PAGE FOR OUR OOMP! DIGESTIVE ↻

## 6th November – Abraham Lincoln Elected (1860)



Abraham Lincoln was elected as the 16th president within the United States. Before this, the northern fraction of the democratic party was deeply divided as Lincoln was the first Republican to win the presidency. Abe Lincoln is now heralded as a hero in American history, bringing about the ending of slavery through the emancipation proclamation in 1863.

## Music to listen to this week:

- ✓ **The Beatles**  
*Paperback Writer*
- ✓ **The Archies**  
*Sugar sugar*
- ✓ **Kool and the Gang**  
*Celebration*
- ✓ **Kris Kristofferson**  
*Me and Bobby Mcgee*
- ✓ **Bette Midler**  
*Wind Beneath my Wings*

## 7th November – Marie Curie's Birthday (1867)

Marie Sklodowska-Curie was a Polish-born Physicist and chemist. She conducted research on radioactivity, chemical element radium and polonium in which she won a Nobel prize in physics, 1903, and went on to win another in 1911. Her breakthrough discoveries contributed hugely to the cure and treatment of cancer. Her legacy is remembered and continued through the charity Marie Curie Care.



The perfect accompaniment to a cup of tea...

Why not spark up a conversation around:  
Saving the World.

**Get acquainted:** Make name badges and say hello.

**Get chatting:** What's the weather like today? Which articles did you enjoy reading this week in The Digest?

**Get singing:** Enjoy a singalong to 'Wind Beneath My Wings'

**Get Playing:** Soft ball catch. Say a name of a profession (eg, teacher, lawyer, carer etc) before passing the ball to someone in the group.

**Get thinking:**

- ✔ Abe Lincoln ended slavery, Marie Curie cured cancer. If you were to save the world from something, what would it be and why?
- ✔ What can we save the world from?
- ✔ Who are your heroes?

**Keep up the conversation:** How can you save the world where you live?

# Digest Quiz

## 1. The Archies were a...

- a) A cartoon
- b) A band
- c) A group

## 2. What does Sandwich really mean?

- a) Sandwich on sandy soil
- b) Market Town on Sandy Soil
- c) Market Bay on Sandy Soil

## 3. How many Harry potter films have been released?

- a) 7
- b) 8
- c) 9

## 4. Which year did Marie Curie win a Nobel Prize?

- a) 1914
- b) 1924
- c) 1911

## 5. When was 'Sugar Sugar' released?

- a) 1959
- b) 1969
- c) 1979